

Midlife Skin Care Review: Albertini International

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I've never subscribed to a full-on 'beauty regimen' – you know, spending 10 minutes gently cleansing my face, followed by an oatmeal mask, astringent and bringing up the rear with a moisturizer. At best, my routine consisted of tepid water, a soft washcloth, the soap du jour and a smear or two of moisturizer (a/k/a whatever lotion was on the counter). Oddly, this seemed to serve me relatively well over the years and my skin is now a far cry from what it used to be when I was a heavily pimpled teen with pockmarks, blackheads and pores large enough to drive a truck through.

Aside from an occasional pimple that sprung up once or twice a year, my skin never gave me much trouble in adulthood. Even still, I began to notice fine lines creeping in here, a touch of dryness there...

And then I discovered [Albertini International's](#) Skin Care Line. Can I just say "Yes!" to Albertini International? When it comes to midlife women, they *get* it!

Valorie Albertini, the creator of Albertini International, and business partner Janice Petit de Mange have created an entire line of face and body skin care products for the fabulous 40 and over set, and it may change the way you look at skin care.



Recently, I embarked on a pumpkin scented journey with [Warm Love](#), an exfoliating mask crafted from pumpkin, papaya and pineapple enzymes. Someone should have cautioned me not to use this while hungry! My olfactory senses were gifted with an aroma that immediately transported me back to my mother's kitchen during Thanksgiving...I wanted to eat my own face.

[Warm Love](#), which promises to purify, gently exfoliate and brighten the complexion, was a hit right out the tube. Once I applied it to my face and began to gently massage it into my skin in a circular motion, the warming effect coupled with that wonderful fragrance brought a newfound energy to my face. After adding a bit of water and continuing to massage, I felt like I was getting

a spa treatment right there in my own en suite. Two or three times a week is all it took to leave my skin revitalized, smooth and, yes, even supple. That's right...I said it.

And the lovefest didn't stop there.



I availed myself of another product which I have now dubbed my “Shower Salvation”. Albertini International prefers to call it *Rough Love* and, as the name implies, it shows your body all kinds of lovin’, but it’s a rough kinda love. Don’t worry...you’ll be all the better for it after the first use.

I used the black granular body scrub—made with rosemary leaf oil, algae extract, sea salt and other nourishing and skin protecting ingredients—in the shower after cleansing. *Rough Love* worked to exfoliate and rid my body of rough and bumpy skin and, if that weren’t enough, it also softened and smoothed my coarse problem areas (the elbows, heels and, oddly, that area just above my knobby knees).